

# Spring/Summer 2016-2017

Residency & Alumni Newsletter



October 29 **Alan Chiem** October 31



SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
Scott Lundberg September 4 Jason Singer September 11 David Schriger September 12 Amir Rouhani September 19 Daniel Ichwan September 21 Jake Wilson September 22	Daniel Weingrow October 4 Jorge Diaz October 15 Pam Dyne & Fred Abrahamian October 16 Tom Akie October 18 Sneha Shrestha October 21 Jason Lu October 24 Daniel Waxman October 27 Theresa Cheng & Maria Tamborski	Scott Votey November 3 Danielle Antonuk November 20 Claudie Bolduc November 21 Tom Graham November 25	Lynne McCullough December 2 Vanessa Kreger December 3 Ali Lewis December 5 Matt Waxman December 8 Eric Savitsky December 12 Randy Lee December 29	Hannah Wallace January 4 Jake Lentz January 9 Adam Evans January 14 Bill Mower January 16 Josh Baugh January 20 Brittany Guest January 29	Cameron Harrison February 3 Annum Bhullar February 12 Ryan Kunitake February 14

### **MEET THE 2017 UCLA FELLOWS**

### Shaw Natsui, MD MPA: UCLA National Clinician Scholars Program

A native Floridian from Miami, Shaw is excited to join the UCLA team in sunny LA. His prior time doing youth organizing and community work in Boston has led to interests in urban health, quality of acute care delivery for vulnerable populations, and more recently, applying data



science to this work. He completed residency at Mass General Hospital and Brigham and Women's Hospital. He attended Harvard College, the University of Michigan Medical School, and the Harvard Kennedy School of Government. He has also lived and worked in Peru, Haiti, and the Dominican Republic. He can't wait to explore the food scene in LA, so please share all your favorite spots!

### Jennifer Roh, MD: UCLA - AVH Administration Fellowship

Jennifer (goes by Jen) was a chief resident at Yale EM, where she had an amazing time and had the opportunities to be actively involved in administration work and global health, two of her great passions in EM. But she is very happy to be back in her hometown of Los Angeles, and she is excited

to explore new coffee shops and art museums, while replenishing her Korean food and sunshine supply and do all the other fun LA things.

Undergrad: Westmont College, Santa Barbara, CA

Med School: Texas Tech School of Medicine. People always ask me "why Texas?" My parents

moved to Texas when I was in college so I lost my Cali resident status (how dare they!). Jk, it turned out to be a great place to learn,

led a free clinic there, ate some bomb bbq, and it was awesome on the wallet.

Fellowship: Administration, following the lovely Nicole Wojtal (hope I can make you proud!).

Interesting Facts: She's been to Pyongyang, North Korea several times. Her former ED staff and residents called her J.Roh "because it's J.Roh, like the Asian J-Lo". Can eat Korean food all day everyday.

Interests: Making things more efficient, traveling the world, eating delicious food while traveling the world, dinner parties, hiking, and fancy coffee.

Advice to the residents: Find good mentors and make time for your loved ones. Invest in these

relationships because they will help you and shape you for the rest of your lives.

### Tarek Trivedi, MD: UCLA National Clinician Scholars Program

Tarak trained in emergency medicine at Alameda County Medical Center (Highland Hospital). He is originally from Detroit, MI, and attended medical school at the University of Chicago. He gained a background in public health and epidemiology during a one year fellowship at the Centers for Disease Control and Prevention. His research interests are focused on improving understanding of



and alleviating pressing problems commonly faced by emergency room patients, such as interpersonal violence, substance abuse and addiction, and the severe societal deficit of acute psychiatric care in the United States. As a scholar, Dr. Trivedi plans to focus his research on these problems by studying the social epidemiology of emergency psychiatric evaluations, more commonly known as "involuntary holds."

# Cat Weaver, MD: UCLA - VEP Administration Fellowship

Catherine (Cat) Weaver (2017) will be staying on after graduation as the inaugural UCLA/VEP Administrative Fellow, for which she will be

working part-time at UCLA and White Memorial. Cat grew up Colorado-proud in Grand Junction, CO and completed undergrad at University of Colorado at Boulder. She completed medical school at Creighton University in Omaha, NE, which was a wonderful medical school experience. But after she made her first medical selfdiagnosis of Seasonal Affective Disorder, she left the Midwest winters for the California sun and hasn't looked back. Cat

begin to develop an interest in administrative projects during the great RME-to-CME evolution. She really enjoys working together in a multi-disciplinary team to make everyone's lives better: both the patients and ours. She is also

looking forward to delving into the glamorous world of quality improvement.

Interesting Fact: Cat spent a summer in undergrad working on an archaeological excavation of an Archaic sanctuary of Apollo on Despotiko, a very non-touristy Greek island near Paros.

Interests: Travel, hiking, running, eating delicious food, making homemade ice cream, DIY projects, coffee, her dog.

Advice to Residents: Invest in yourself; you need to be healthy and in a good mindset to be there for your patients and colleagues. Don't be afraid to ask

for help if you're struggling. Learn names in the ED; work is more rewarding when you know the people working with you, and people are more willing to help you out when you're nice to them!



### Jo Feldman, MD, MH, UHM - Wilderness Medicine at UCLA

A Malibu born-and-bred Expedition Doctor, explorer, diver, and former park ranger - Jo Feldman is the doctor that many of us outdoor enthusiasts wish we were.

Jo completed her bachelors and masters degrees in environmental education. After leading numerous wilderness trips and working as a park ranger in Sequoia National Park for three summers, she became a ranger stationed at the base of the Grand Canyon for a year in 1992-1993, where she assisted with search and rescue operations for fun on her days off. Initially a wilderness EMT. Jo left the National Park Service to become a paramedic, but after completing her paramedic

training and several ER tech jobs - including one at Santa Monica hospital - an unsatiated desire to be the definitive provider ultimately led her to medicine. She's managed to combine her love for outdoor adventure and medicine as an expert in wilderness medicine.

Jo completed her wilderness medicine fellowship at Stanford University, focusing on marine, hyperbarics and undersea medicine. She worked as the doctor at the US research station Palmer Station for two 6-month seasons in 2009-2010 and 2013-2014. She has also completed 17 polar expeditions and 9 expeditions around the Pacific as an expedition doctor, including

traveling on a Russian icebreaker ship and a 54-foot sailboat. She has hosted several residents on her expeditions to Antarctica through the years.

Back at home, Jo is our nocturnalist at UCLA Ronald

Reagan and also works in the dive chamber for the UCLA Hyperbaric Medicine department. She sprinkles in some fun work at Mammoth Mountain and as medical director of the AIDS LifeCycle.

When she's not off on some adventure, you can find Jo hiking with her dogs Mr. Biggz and Seven, cycling, and surfing in Malibu.

Opportunities at UCLA: Jo and Brandon Endo (2018) became sponsors for a DGSOM wilderness medicine interest group this year. She teaches an annual wilderness medicine clinic for the UCLA EMIG in

the fall, with UCLA residents as instructors, including Brandon Endo (2018), Allison Ferreira (2018), Anthony Catalano (2017), Eric Schallert (2017). In late March she worked with the University of Colorado to host premed students for a wilderness medicine excursion in Channel Islands National Park. In the past several years she has helped arrange resident electives in hyperbaric medicine in the Yucatan and the wilderness medicine annual scientific conference.

Favorite polar animal? King Penguin. Favorite polar experience? Adelie penguin jumping in my zodiac.

#### Allison Ferreira (2018) at the Antarctic Peninsula and her Polar Plunge..... Brrrr!

I was incredibly fortunate to be able to accompany Jo Feldman on her most recent Antarctic expedition to the Antarctic Peninsula. On the voyage, I served as Jo's assistant and assistant to the expedition team. We

dispensed lots of meclizine and promethazine to most of our 193 passengers to prevent sea sickness - which was very good because the infamous Drake Passage put on a pretty incredible show with 11 meter swells. Several of the passengers fell, and without radiology on the ship we relied on reassessment and clinical judgement to manage our patients. We diagnosed altered mental status due to anticholinergic toxidrome in a woman with AMS and a VP shunt, which resolved over the course of days. We dispensed OCPs for emergency contraception. But I think the highlight of the trip for me as a doctor was suturing a 9-cm scalp laceration (we had no staples) in my favorite t shirt while the gurney was sliding across the room as the ship rolled around in the Drake. We also took inventory of the medical supplies and drugs and I got a good sense of how variable location, weather conditions, seas, and proximity of other vessels would affect treatment, extrication and rescue for various emergencies. As an assistant to the expedition team, I helped ensure scene safety for passengers on the icy, unforgiving terrain. At my post, I would also get to spend time with penguins and gazing off to distant icebergs and steep mountain ranges spilling over with glacial ice. Getting to experience Antarctica and wilderness medicine was a true gift. I will definitely seek more opportunities to participate in wilderness medicine - especially in Antarctica.



# Faculty Global Health Commitment Matt Waxman, MD, DTM&H

Matt Waxman (2007) worked with the World Health Organization (WHO) and NYCMedics at a Trauma Stabilization Point (TSP) in Mosul, Iraq during the month of July. In 2014, the Islamic State of Iraq and Syria (ISIS) took control of Mosul, Iraq's second largest city. In November 2016, the Iraqi Army, with support from an international coalition, began an offensive to retake the city. Anticipating a humanitarian crisis, the World

Health Organization partnered with NGOs to establish TSPs. TSPs were set up within 2km of the front lines of the conflict to receive casualties. TSPs are a novel concept and represent the first hour of trauma care similar to the standard of care in a US emergency department. By July 2017, constant bombardment from airstrikes and combat destroyed the city displacing hundreds of thousands of civilians.

Dr. Waxman worked on a team with two other physicians and 10 other providers. For security reasons, the team was co-located with an Iraqi Special Forces Platoon. TSPs move between locations in abandoned houses as the front lines of the conflict change. Working in a conflict zone,

security was of utmost priority as TSPs had been targeted early in the conflict.





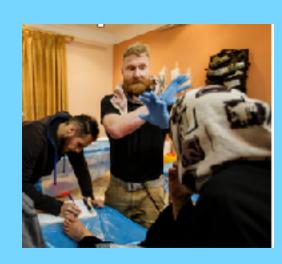
Typical patient presentations included high velocity gunshot wounds, blast injuries, and burns from airstrikes and improvised explosive devices. Later in the conflict, civilians with common complaints and psychological effects of the war were also seen. The TSP followed humanitarian principles and provided unbiased care for Iraqi soldiers, ISIS fighters, and civilian casualties.

Care in the TSP was highly organized to follow evidenced-based protocols and to facilitate the transfer of critical patients to the next level of care as soon as possible. Patients arrived at the TSPs by

Iraqi army military vehicles from the front lines. Patients were stabilized and interventions such as tranexamic acid, fluid resuscitation and chest tubes were performed. Islamic Red Crescent ambulances were located at the TSP and transported patients to the next level of care. Civilian casualties were transferred to several receiving hospitals with surgical capabilities run by organizations such as MSF (Medicins Sans Frontiers) and the Qatari Red Cross. Military casualties were sent to a casualty collection point (CCP) run by the US Special Forces with an operating room.

In addition to clinical care, Dr. Waxman spent time in Erbil, Kurdistan writing protocols, organizing supplies, and helping with logistics. More information is available at: <a href="http://nycmedics.org">http://nycmedics.org</a>

Alumni Woody Peeples (1996) was also in Mosul, Iraq with NYCMedics earlier this year and was featured in a piece in the **LA Times**.



# ALUMNI SPOTLIGHT AT ANTELOPE VALLEY : Naresh Ramarajan, MD

Naresh Ramarajan (2014) has been very busy since completing residency. Actually, if you asked the faculty they would have told you he was very busy during his EM/IM residency with us. While still a resident, Naresh began work to tackle important problems for cancer patients around the world. He knew that in India (the second most populous country in the world) and around the world, most patients cannot get care by a specialist; there are simply not enough specialists, and most of them are concentrated in urban areas. Realizing there might be some scalable way to provide expert care to all patients. Naresh began work on a computer program and algorithm that synthesizes evidence and provides expert, evidence-based opinions to primary care providers and directly to patients. Thus began the development of 'Navya,' a clinical informatics and health services organization that Naresh founded and of which he is the CMO. (http://www.navyanetwork.com/) Naresh began work on this project during residency, obtained grant funding, and even extended his residency training so that he could have time to travel to work with collaborators in Boston and India.

Navya is a clinical informatics systems that uses machine learning approaches such as similarity learning, multi-class classifiers and Bayesian logic.

Navya's software and databases incorporate available evidence from clinical trial data, globally accepted guidelines, consensus expert opinion, data from tumor board treatment decisions. outcomes of similar patients and patient's preferences of risk/benefit tradeoffs of treatment options to make expertlevel treatment decisions. This information is then provided to patients and their providers, an expert second opinion, provided online within 24 to 72 hours. Navya's expert



opinions allow providers to make better treatment decisions for complex patients not addressed by clinical trial data alone.

Naresh and his colleagues' research has been presented at multiple oncology



conferences. Most recently, Navya investigators gave an oral presentation at the American Society of Clinical Oncology (ASCO) conference, the world's biggest cancer conference. View this June 2017 presentation on the methods and impact of the clinical service at <a href="https://www.youtube.com/watch?v=4Y9hPaVcMac">https://www.youtube.com/watch?v=4Y9hPaVcMac</a>. The accomplishments made in such a short period of time- and lives benefited cannot be overstated. In response to having the work accepted for oral presentation at ASCO, Naresh said, "The hard work since intern year is starting to get validated in the oncology community, and the impact and footprint is being measured in thousands of patients now. Looking forward to writing up the manuscripts."

Navya has been featured in a number of news briefs both in the US and abroad.

https://www.pressreader.com/india/the-times-of-india-mumbai-edition/20170609/281754154296204

https://twitter.com/TimesNow/status/880259400287387648

http://www.mid-day.com/articles/tata-memorial-hospital-tmh-cancer-patients-mumbai-news/18395160

http://everylifecounts.ndtv.com/cancer-patients-seek-doctors-second-opinion-online-reports-arrive-in-24-hours-12580

# Naresh Ramarajan, MD, cont'd

When he is not traveling to Boston or India to continue work on Navya and clinical informatics/ medical decision making research, Naresh continues to work as an EM attending at Antelope Valley, and Bakersfield Memorial Hospital (where he has been moonlighting since residency - and encourages future graduates to work at as well!).

# "What I appreciate now even more about residency"

When Mark Morocco (2001), Scott Votey (1987), and Bonnie recruited me to be part of the UCLA family in 2009, they promised me a place to come to not only be a good EM physician, but to also find my own way to make the world a better place. They delivered in spades!

Over the years - Richelle Cooper (1998), David Schriger, Bill Mower (1990), Jerry Hoffman (1979), Eric Savitsky (1995), and Greg Moran (1992) - taught me how to think critically about evidence based data and its lack of a direct connection to textbook answers or clinical practice guidelines. It changed my approach to 'back of the pocket' answers to clinical questions - heuristics based fallbacks that we employ every day without questioning the biases and pitfalls therein. Years of

Tata Memorial Centre and National Cancer Grid and Navya bring you evidence based expert treatment decisions.

Navya has accurately made over 10.000 expert treatment decisions in oncology.

Get an expert opinion in 1 to 3 days from Asia's largest leading expert cancer centers



finding rare diagnoses hidden as chronic back pain in the back hallways during OPs, and the clinical gems from Vena Ricketts, Scott Lundberg (2004), Matt Waxman (2007), Pam Dyne (1995), Jorge Diaz, Fred Abrahamian and Luis Lovato (2001) established my belief in experience based reasoning and nuanced pattern recognition - of not forcing round patients into square diagnoses and treatment plans.

Tom Graham (1995), Carolyn Sachs (1994), Lynne McCullough (1998), Marshall Morgan, Frank Day (1999) and Dan Weingrow showed me how great bedside manner, explaining data and clinical inferences in a way that patients understood, made real world shared decisions possible.

While synthesizing these threads in my work in the emergency room and at Navya, I increasingly value the time that the UCLA faculty took to challenge me to be a critical thinker, avid reader, and a strong advocate for my patients. Our faculty is UCLA EM's strongest asset and I hope current residents actively recognize this. As a resident, make time during the night shifts to talk through why a certain study isn't valid for the decision you are making, or why your attendings make a decision you disagree with. Enjoy your time with these brilliant minds, as it is such a limited and rare opportunity in our development as physicians and caregivers, before moving out to the often solitary world of emergency medicine practice.



# ALUMNI SPOTLIGHT AT ANTELOPE VALLEY: Rachel Shing, MD

Rachel Shing (2016) has gained lots of experience in her first year since completing residency - working *locum tenens* in New Mexico, Kaiser in Southern California, Antelope Valley and Olive View. She has honed down her work locations, but we are very fortunate she has remained involved in the residency teaching at both AV and OV.



As she was during residency, Rachel is still very much involved in international work. One of her "part-time jobs" is working in Haiti as a core faculty member and academic attending at the Hôpital Universitaire de Mirebalais. This is the first Haitian EM residency, which is also affiliated with the non-profit Partners in Health. (For more about the hospital http://

www.pih.org/pages/ mirebalais)

Rachel travels to Haiti every few months, for 2-3 weeks at a time, where she attends in the emergency department, lectures, and teaches in procedure labs. Goat heads are used in cadaver lab, and at \$10



each they are expensive and not to be wasted, so the residents take them home to make soup (bouyon tet kabrit) after lab. She has also developed a Simulation Elective for the Haitian EM residents focused on creating simulation scenarios and cases specific to their practice environment using low fidelity equipment. She hopes that the elective will help advance the use of simulation as an educational tool within the EM residency and other areas of Haitian medical education.

Rachel describes the experience as "a fantastic global health opportunity not only for the pathology and challenge of practicing in a resource limited setting, but also because you are directly educating future Haitian EM doctors, who will advance the specialty in the country."

Rachel has also helped to facilitate the involvement of UCLA residents with the HUM EM Residency. Chief Resident Allison Ferreira (and maybe Jake Wilson too?) will spend a rotation in Haiti as a Visiting Professor, working clinically as an academic attending, taking presentations from residents, teaching on shift, and lecturing at conference. Visiting Professors (EM specialty trained attendings or 4<sup>th</sup> year residents) are essential to supporting the HUM residency's

educational and staffing needs until enough Haitian EM graduates are available. Any interested residents and faculty are encouraged to contact Rachel for the application.



# **UCLA SIREN AWARD**

Congratulations to Dr. Sid Starkman as the principal investigator and the UCLA Research Team who were awarded the Southern California SIREN hub designation. SIREN is an NIH program to develop the infrastructure to reduce the obstacles to conducting clinical trials.

"Administering clinical research in an emergency setting requires access to a demographically and geographically diverse pool of patients and close collaboration among paramedics, hospital emergency department personnel, and a broad range of medical specialists," said Starkman, codirector of the UCLA Comprehensive Stroke Center. "UCLA's strong relationships, deep experience in multi-site clinical trials, and clinical and research expertise in many disciplines position us well to make a real difference in enhancing the emergency care of patients.

The consortium created for the Southern California SIREN network includes 80 Southern California hospitals and ambulance agencies. The network is one of 11 regional networks that will perform large clinical trials of promising new treatments for cardiac arrest, body trauma and other medical emergencies. During the next five years, the NIH will fund and administer trials with UCLA and other hubs across the country.

Among the institutions in the consortium are academic medical centers: Ronald Reagan UCLA Medical Center, UCLA Mattel Children's Hospital in Westwood; county-run Harbor-UCLA Medical Center in Torrance; hospitals operated by University of California campuses in Irvine and San Diego; Los Angeles County-USC Medical Center, and Cedars-Sinai Medical Center in Los Angeles. Also part of the consortium are emergency medical service agencies in Los Angeles, Orange, and San Diego counties, plus multiple specialty hospitals and treatment centers.

Starkman's co-principal investigators leading the effort are: Dr. Roger Lewis, UCLA Professor In-Residence of Emergency Medicine and Chair of the Emergency Department at Harbor-UCLA Medical Center; Dr. Marianne Gausche-Hill, UCLA Professor of Clinical Medicine and Pediatrics and Medical Director of Los Angeles County Emergency Medical Services Agency; and Dr. Jeffrey Saver, Professor of Neurology and Director of the UCLA Comprehensive Stroke Center.

Besides the consortium sites listed, Dr. Rob Rodriguez (1994) will be participating as the PI for the UCSF subhub, which includes University of Hawaii and Highland, and Dr. Malkeet Gupta (2006) will be the site PI at Antelope Valley Hospital.

### ALL LA Spring 2017

This spring the All LA conference featured a discussion of the social determinants of health, consequences of medical debt, and immigrant health. Many of the IDHEAL group members, including our faculty Breena Taira, fellow Todd Schneberk, and resident Shamsher Samra (2017) presented, and the panel discussion on Social Emergency Medicine included alumni Parveen Parmar (2008), and Jerry Hoffman (1979).







# **ADVOCACY in 2017**

Program alumna Parveen Parmar (2008) started a local group LA Physicians for Health to focus on organizing area doctors around advocacy efforts. Their focus is on improving access to healthcare, fighting for undocumented immigrant rights, and engaging in the electoral process in an attempt to elect representatives that will fight to bring affordable healthcare to more people. Their group has grown from a few folks sitting around drinking beers to a mailing list of well over 100 doctors and medical students across LA county in a variety of specialties. Their early achievements include getting an op ed published on the American Health Care Act, encouraging physician speakers (including our own Pam Dyne (1995) and Kyle Ragins (2019) to speak at area political rallies on healthcare, and organizing a physician presence at congressional town hall events. If you're interested in getting involved, email Parveen (pparmar@usc.edu) to be added to the mailing list.











Richelle Cooper (1998), Sara Crager (2015), Greg Hendey (1993), David Schriger, Dan Spaite (1986), and incoming UCLA National Clinician Scholar fellow Tarak Trivedi travelled to Savannah Georgia for the 2017 Annals of Emergency Medicine Editorial Board Retreat. Can you find everyone in the photo?

# Western Regional SAEM 2017

This year's Western Regional SAEM was hosted by Stanford. Swaminatha Mahadevan (1996), Chair of Emergency Medicine at Stanford University Medical Center, opened the conference proceedings and led a panel on building diversity. Hemal Kanzaria (former UCLA RWJ Fellow - class of 2014), received



an award for the best plenary presentation for his work "Frequent ED Users: Focusing Solely on Medical Utilization Misses the Bigger Picture." Rob Rodriguez (1994) moderated the plenary and led a critical care panel discussion with Sara Crager (2015). Richelle Cooper (1998) and Sarah Medeiros (2014) both moderated abstract sessions.









# 2017 CORD meeting

The 2017 Council of Residency Directors meeting took place in Ft. Lauderdale, Florida. In addition to the program leadership team of Rebecca Bavolek, Richelle Cooper (1998), and Steven Lai (2016), we were able to hang out with our new addition Natasha Wheaton. This year our new residency coordinators, Gabrielle Stolwyk and Jennifer Cassidy, attended the residency coordinator track. In addition, our incoming 2017-18 academic chiefs were



able to attend the Chief Resident track and Navigating the Academic Waters track. Andy Grock presented "Finding and Curating FOAM" at the CORD iMED track, and presented a research abstract on the usability of the ALiEM AIR scoring rubric among



medical students, residents and faculty. Maria Tamborski (2018) presented at the CPC stumping the assigned faculty discussant. Caleb Canders (2016) was faculty discussant for a different program's resident case and engaged the crowd, and nailed the diagnosis. Steven Lai (2016) also judged the CPC (in a different room from our program's presentations).





# 2017 Annual SAEM Meeting

UCLA past and present was on parade at the 2017 Annual SAEM meeting that took place in Orlando, Florida. Many of our alumni lecture presentations can be viewed or listened to online if you do a google search. Dave Talan (1986), delivered National Grand Rounds, "Studying the Intersection of Infectious Diseases and Emergency Medicine," at the meeting. Craig Goolsby (2008) gave a lecture "Teaching Combat Casualty Care:

Battlefield Medicine, Leadership, and Communications Lessons for Your Learners." Amit Shah (2007), and Shamsher Samra (2017) both gave Ignite! lectures. Amit Shah, co-founder and CMO of InnoVital Systems, presented "Simplifying Life-Saving EMS and Emergency Department Care with Templates," and resident Shamsher Samra taught about craniofacial emergencies in five minutes. UCLA Research Fellow Todd Schneberk presented two abstracts and former UCLA RWJ Fellow Hemal Kanzaria presented 5 abstracts. UCLA medical student Kumar Gandhi presented the QI project he and Carolyn Sachs (1994)



implemented for analgesia at triage for long bone fractures. Rebecca Bavolek, Richelle Cooper (1998), and Shamsher Samra (2017) represented the program at the residency and fellowship fair where we saw alumni Don Mebust (1999) and Parveen Parmar (2008).



At the Academy of Women in Emergency Medicine luncheon and award ceremony, we had a major presence. Lynne McCullough (1998) was honored as the AWAEM Emergency Medical Director of the year and 2 of the 3 "AWAEM Hidden Gem" awards went to the UCLA alumni - Kelli McCartan O'Laughlin (2007) and Richelle Cooper (1998). It was great to see other alumni, including Hans House (2002), Dan Katz (2005), Tyler Barrett (2005), and former beloved Olive View faculty Mark Richman.

























### **GRADUATION 2017**



Congratulations to the UCLA EM graduates of 2017. We are so honored you chose this program and you are now a part of the legacy of the residency. We will miss you! Best of luck on your future endeavors.



Eric Schallert won the 2017 UCLA EM Ronald ReaganlOlive View Golden Probe award. Caleb Canders, who completed his Ultrasound Fellowship was recognized as well.



We gave special recognition and thanks to the chief residents - Vanessa Franco, Eric Schallert, Mike Casner, and Shamsher Samra.



Nicole Wojtal completed her UCLA-AVH Administration Fellowship.



The first Marshall T Morgan Humanism Scholarship was awarded this year. This gift, generously donated by Jean Morgan, recognizes the graduating resident or residents who embodied the characteristics of humanism during their training. The faculty chose two exemplary individuals in the Class of 2017. Carter Wystrach was recognized by multiple faculty and nurses for the care he provided to all his patients. Shamsher Samra was recognized for his clinical care at the bedside and his extracurricular work dedicated to social justice.

## Where Did the Class of 2017 Go?

Stephanie Brenman is working at St Francis in Lynwood and St John's in Santa Monica.

**Anthony Catalano** is working full time at Santa Barbara Cottage Hospital, and working with Santa Barbara County Search and Rescue.

**Michael Casner** is completing a CEP Administration Fellowship in Chicago, Illinois, working at Northwest Community Hospital.

**Brandon Firestone** joined other UCLA alumni, and his classmate Eric Schallert, with a full time position at Kaiser Panorama City.

Vanessa Franco is completing her Sports Medicine Fellowship at Kaiser Sunset.

**Wesley Gaschler** is working in Northern California at Kaiser Modesto, Santa Rosa, and at Sonoma Valley Hospital.

Chris Katsura joined other UCLA alumni with a full time position at Kaiser West Los Angeles.

Haleigh Kotter is at Scripps Mercy in Hillcrest, and Scripps Mercy in Chula Vista.

**Shamsher Samra** took a full time position at DHS as part of the <u>Whole Person Care project</u>, which is aimed at providing comprehensive coordinated care to vulnerable populations in LA. Shamsher is specifically focusing on providing care and services to the jail reentry population. His clinical appointment is at Harbor UCLA Medical Center.

**Eric Schallert** joined UCLA alumni and his classmate Brandon Firestone with a full time position at Kaiser Panorama City.

**Cat Weaver** is completing the UCLA-VEP Administration Fellowship, working clinically at UCLA and at White Memorial Hospital.

Carter Wystrach moved to join his fiancée Lia Armstrong and is working at Kaiser Portland.



Haleigh Kotter post-graduation holiday in Thailand to celebrate her birthday, with Rachel Shing (2016), Ashley Sanello (2016) and Caleb Canders (2016).



Last shift of the year with Brandon Firestone, Anthony Catalano, and Vanessa Franco.



Carter Wystrach, Lia Armstrong and Oski.

# **MEET the 2017-18 Chief Residents**

We once again welcome a new set of chief residents to help lead and continue in our efforts to always question, reinvent and modify our program to ensure our program is the best that it can be. The new chiefs will add to the legacy of prior residents and exceptional chief residents. Choosing the chiefs was especially difficult this year as the talent, commitment and leadership of the class of 2018 is vast. Many in the class offered to step up to the role of chief knowing all of the commitment and dedication it entails. From conference to intern bootcamp, all of the class of 2018 has stepped up and many are contributing even though they were not selected as chief.

The 2017-2018 chief residents are Tabitha
Cheng, Adam Evans, Allison Ferreira, and Brian
Truong. In their statements
the chiefs all recognized the

power of the program, the history and the family that the residency embodies. We are proud to introduce the chiefs to the alumni, and look forward to what they will do this year.







### Alumni - We want to meet you at ACEP in Washington, DC

Monday, October 30, 2017

Alumni Reception 6:00 PM – 8:00 PM

Senior Dinner 8:00 PM - 10:00 PM

**Sixth Engine** 

438 Massachusetts Ave NW

https://www.sixthengine.com/

# Meet the Interns of the Class of 2021 - all 15 of them

Name: Tom Akie

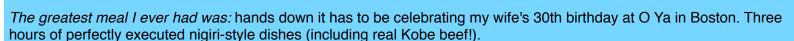
Undergrad: Vassar College

Medical School: UMass Medical School

Before starting intern year you can find me: hiking up and skiing down New Hampshire's White Mountains, spending time with my family, and enjoying some last minute New England ice cream.

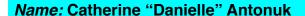
My hidden talent is: playing the trumpet, though I'm pretty rusty these days.

When not in the hospital, I'm most likely: running around in the mountains or running after our two year old son, Oliver.



I could not live without my: coffee; turning on my espresso machine is the first thing I do in the morning.

I'm really looking forward to: exploring the Southern California outdoors and the local restaurant scene when I live in LA.



Undergrad: Kalamazoo College

Medical School: USC

Before starting intern year you can find me: hanging out at home with my newborn, Matilda. She was born a week after Match Day!

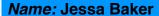
My hidden talent is: speed reading - I've always loved to read and can get through a novel in a few hours.

When not in the hospital, I'm most likely: out hiking with my husband and dog-we love Griffith Park; or checking out new restaurants in Los Angeles.

The greatest meal I ever had was: from an Italian restaurant, I had a pasta

dish with brown butter and mushrooms. So tasty!

If I knew I could not fail I would: climb Mt Everest. It seems like a crazy hike/climb and with spectacular views.



Undergrad: Northwestern University Medical School: UC Irvine

Before starting intern year you can find me: in Thailand on my honeymoon!

When not in the hospital, I'm most likely: at the beach.

The greatest meal I ever had was: the one where Obama was sitting at the next table.

I could not live without my: coffee.

I'm really looking forward to: eating lots of delicious food on Sawtelle when I live in LA.





Name: Claudie Bolduc Nickname: Clo, or Didi (Dzee-

zee)

*Undergrad:* Concordia University, Exercise Science

BSc.

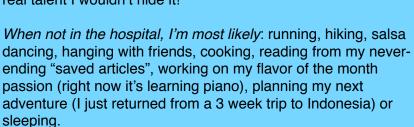
Grad: UCLA, Master of Public

Health

Medical School: McGill

University

My hidden talent is: if I had a real talent I wouldn't hide it!



The greatest meal I ever had was: poutine from La Belle Province. A close second is seared Kangaroo in pepper and raspberry sauce in Sydney.

*I could not live without my*: iPhone. I don't remember life before these existed and can't imagine it.

I'm really looking forward to: going out for a run 12 months out of the year without getting frost bite or cold-induced urticaria, THE BEACH, watching winter social media posts of Montreal from THE BEACH, hiking, and stalking coffee shops known to be frequented by Ryan Gosling when I live in LA.



Name: Theresa Cheng

Undergrad: Harvard.

Grad: I.C. Berkeley School or

Grad: UC Berkeley School of Law Medical School: Mayo Medical School

Before starting intern year you can find me: completing intern year (in Internal Medicine).

My hidden talent is: identifying dog breeds (I used to rehab and train dogs).

When not in the hospital, I'm most likely: eating, running on the beach and repeat.

I could not live without my: closet full of bright colors.

I'm really looking forward to: being near the beach again when I live in LA.



#### Name: Ryan Dollbaum

Undergrad: UCLA

Medical School: USC - Keck School of Medicine

Before starting intern year you can find me: looking for a reasonably priced place to live.

My hidden talent is: juggling while riding a unicycle.

When not in the hospital, I'm most likely: in the mountains hiking, climbing, biking, skiing, or eating s'mores.

The greatest meal I ever had was: street tacos in Tijuana (still waiting for symptoms of neurocysticercosis).

I could not live without my: Mom's chocolate chip cookies.

I'm really looking forward to: being close to Diddy Riese when I live in LA.

If I knew I could not fail I would: base jump from the top of half dome.



#### Name: Nate Friedman

Undergrad: University of North Carolina - Chapel Hill

Medical School: Vanderbilt

Before starting intern year you can find me: traveling in Colombia.

My hidden talent is: snapchat artistry.

When not in the hospital, I'm most likely: exploring the outdoors or writing.

I could not live without my: secret addiction to ice cubes.

I'm really looking forward to: beach runs and mountain views when I live in LA.

If I knew I could not fail I would: become a wingsuit pilot.

If I were running for office my campaign slogan would be: the Rent Is Too D\*\*n High (okay, I stole that one).



*Undergrad:* College of the Canyons and California State University-Northridge *Medical School:* Frank H. Netter M.D. School of Medicine at Quinnipiac University

Before starting intern year you can find me: spending some time in Palm Springs, I have been learning to play golf (never thought I would say that).

My hidden talent is: 80% of the time I can turn the microwave off one second before the alarm sounds.

When not in the hospital, I'm most likely: mountain biking, snowboarding, scuba diving, hanging at the beach, or on a hike at Griffith Park with my dog.

The greatest meal I ever had was: probably not a meal but Churros are the greatest thing I have eaten in my life.

I could not live without my: my dog, Flynn, and music.

*I'm really looking forward to:* family, friends, great weather, shows, food, the beach, mountains and definitely, the culture and diversity *when I live in LA.* 

#### Name: Caroline Humphreys

*Undergrad:* UC Davis (by way of George Washington University and several community colleges)

Medical School: Georgetown University

Before starting intern year you can find me: roadtripping cross country!

My hidden talent is: knitting! Also breaking phones.

When not in the hospital, I'm most likely: outside – running, reading or spending time with friends.

The greatest meal I ever had was: what was in retrospect probably a pretty mediocre burrito, but after an amazing hike.

I'm really looking forward to: being back in California with a new city to explore when I live in LA.







#### Name: Daniel Ichwan

Undergrad: UCLA - Computer Science, B.S.

Medical School: UCLA

Before starting intern year you can find me: hiking, reading books, playing guitar, getting enough sleep, trying to cook, listening to TED talks, watching TV, going to Hawaii!

My hidden talent is: programming computers.

When not in the hospital, I'm most likely: reading, sleeping, watching TV, hiking.

I could not live without my: laptop.

I'm really looking forward to: continue doing all the L.A. things I love with my family, friends and residency when I live in LA.



#### Name: Ryan Kunitake

Undergrad: UC Berkeley Medical School: UCSF

Before starting intern year you can find me: diving in the Philippines.

My hidden talent is: I make and sell my own art.

When not in the hospital, I'm most likely: Attempting to learn how to surf.

The greatest meal I ever had was: fresh poke bowl in Hawaii.

I could not live without my: hot sauce (I put it on everything).



I'm really looking forward to: all the incredible taco stands when I live in LA.

If I knew I could not fail I would: NBA slam dunk contest

If I were running for office my campaign slogan would be: Mo' money, mo' problems.

#### Name: Matthew Levin

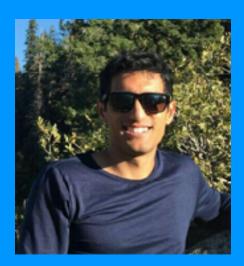
Undergrad: UC San Diego Medical School: UC San Diego

Before starting intern year you can find me: travelling and struggling to finish the novel *Infinite Jest*.

My hidden talent is: baking. I make a mean peach cobbler.

When not in the hospital, I'm most likely: either hiking/camping or sitting on my couch watching Netflix.

The greatest meal I ever had was: I was invited to a party in Yucatan,



Mexico where they made cochinita pibil - a local version of barbecued pork wrapped in banana leaves that is buried in the ground with hot coals and left to slow-cook for hours. It was amazing.

I'm really looking forward to: getting out to see more concerts and live music when I live in LA.

Name: Naseem Moridzadeh

Undergrad: UCLA Medical School: UCSD

Before starting intern year you can find me: anywhere but home! Traveling to visit family in Iran, seeing the

sites in Europe, and taking in the beauty of some US national parks.

When not in the hospital, I'm most likely: napping. I really love naps.

I could not live without my: family and friends.

I'm really looking forward to: going to local concerts when I live in LA.



If I were running for office my campaign slogan would be: Now you see me... Naseem you vote! (Get it? Like "now you see me, now you don't").

#### Name: Jason Singer

Undergrad: Washington University in St. Louis Medical School: Vanderbilt University School of Medicine

Before starting intern year you can find me: getting lost on backcountry roads near Morondava, Madagascar.

When not in the hospital, I'm most likely: playing tennis and meeting friends for happy hour.

The greatest meal I ever had was: a barbeque trout taco from Elwood's Shack in Memphis, TN.

I'm really looking forward to: exploring Kings Canyon National Park when I live in LA.

If I were running for office my campaign slogan would be: Keep it simple, stupid.



#### Name: Kevin Wroblewski

Undergrad: UCLA

Medical School: University of Iowa

Before starting intern year you can find me: on the other side of the world traveling around Japan, China, and Vietnam.

My hidden talent is: boxing.

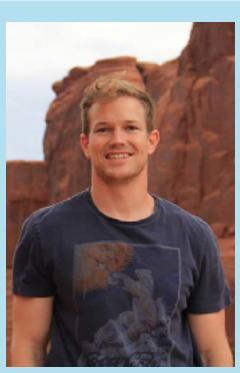
When not in the hospital, I'm most likely: at the gym, eating, or at the movies.

The greatest meal I ever had was: a steak dinner from La Cabrera in Buenos Aires.

I could not live without my: family.

I'm really looking forward to: being back home when I live in LA: good weather, good food, the beach, and family and friends.

If I knew I could not fail I would: climb Mt Everest or travel into space. If I were running for office my campaign slogan would be: I am the product of my environment. My environment is the product of me.













# **Intern Bootcamp 2017**

We welcomed the interns and our new APD Natasha Wheaton in June 2017 at bootcamp. As always it was a great time (and a lot of work), with all of the faculty, residents and UCLA and OV family contributing to the program's success. This year the interns had scavenger hunts and patient experiences at both hospitals. See them checking out registration... no worries, none of the interns had to give a credit card to get past the registration window. Rebecca Bavolek's children Ryker and Julianna participated in splint lab... and let the interns know if their splinting skills were adequate. On the last day, the chiefs took the interns through some "team building" exercises in the park (water balloons are standard team building, trust your chief residents), with some colorful local experiences (ask an intern for the story).











# Alumni visiting and speaking at UCLA

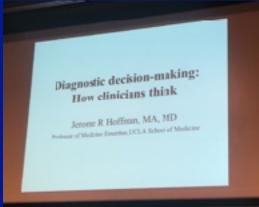


Jerry Hoffman (1979) visited in the spring to lecture on overdiagnosis and over treatment in medicine and the challenges it presents. His visit brought alumni Mel Herbert (1995) to conference and lunch with faculty David Schriger, Eric Savitsky (1995), Carolyn Sachs (1994), Richelle Cooper (1998), Dan Weingrow, Rebecca Bavolek, and Greg Hendey (1993).



Steve Rottman joined David Schriger for breakfast. We miss you Steve, but retirement seems to be suiting you well. Chuck Pozner (1995) was in Los Angeles and stopped by the offices and ED to visit.







Sophie Terp (2012) presented her published work on EMTALA transfers at grand rounds spring 2017, Jerry Hoffman (1979) delivered his lecture on diagnostic reasoning for the first grand rounds of the 2017-18 academic year. Rachel Shing (2016) taught cricothyrotomy at the annual airway day conference.

ALUMNI - Come teach at our conferences: If you will be in Los Angeles and want to lecture at one of our conferences, or teach a small group, email Richelle Cooper (1998). (Richelle) You can also send any announcements for the newsletter to Richelle.

# **Career Day for the Class of 2018**



The class of 2018 gathered at the home of Lisa Waltz and Mark Morocco (2001) for career day 2017. This was the third year in a row we had this conference for the new PGY4s and it was a great success. In addition to faculty Scott Votey (1987), Greg Hendey (1993), Rebecca Bavolek, Richelle Cooper (1998), Mark Morocco (2001), Pam Dyne (1995), Steven Lai (2016), we were so



fortunate to have a cadre of alumni to speak about their career choices, life in academics, working for a single group, multi-group practice, *locum tenens*, and the job search. Sophie Terp (2012), Malkeet Gupta (2006), Rob Hook (2000), Ana Lopez O'Sullivan (2013), Rob Rosenbloom (2002), Roxy Yoonessi (2010), Katy Kinsella (2010), Lisa Zhao (2011), Sabrina Tom (2015), Rachel Shing (2016). We are so

thankful to all the valuable insights our alumni share and for the chance to catch up.







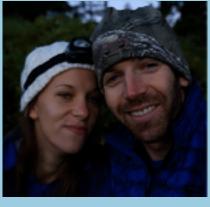




# Love is in the Air..... Congratulations to All



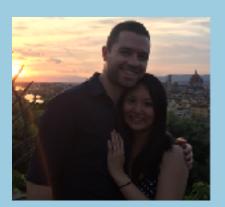
Stephanie "Steff" Brenman (2017) and Liz Reed were married July 2017. Anthony Catalano (2017), Alex Dyer (2018), Sara Crager (2016), Jess Oswald (2018), and Sneha Shrestha (2018) celebrated with them.



Maria Tamborski (2018) and Michael Nie, seen here hiking in Sequoia National Park, got engaged.



Sneha Shrestha (2018) and Anthony Kaveh got engaged in Paris, France.



Adam Evans (2018) and Anita Wong got engaged in Florence, Italy.



Hannah Wallace (2019) and Ali Lewis (2020) were married this spring in St. Petersburg, FL.



Marco Fossati-Bellani (2015) and Lauren Sundheimer were married this summer, with many from the class of 2015 in attendance to celebrate with them.



Allison Ferreira (2018) married Andy Caponetti, with her classmates Tabitha Cheng, Brandon Endo, David Kim, Jake Wilson, Andie Dewing, Brian Truong, Alex Dyer, and Carmen Wolfe (2015), in attendance.

### And then there were 3...



Ryan and Carmen (Wolfe) Igleheart (2015) welcomed Wolfe Bridwell March 2017



Congratulations to Briana and **Ricky Amii** for their new addition, Ashleigh Laine born May 2017.

# Resident Updates



Class of 2020: The class spent intern week (the week before R2 year) at a rented villa in Puerto Vallarta. Aws Al-Abdullah went to a UFC fight, the winner of which later tested positive for steroids. Annum Bhullar has been dolphinwatching and taking sailing classes with Greg Tong. Steven Bolger has been exploring California including hiking in Yosemite and Sequoia. Tyler Haertlein got scuba certified on a



trip to Bali with Jake Wilson (2018). Ali Lewis honeymooned with travel to Cartagena, Colombia and is now in London, Copenhagen, Amsterdam, Brugges, and Paris. Randy Lee did a flight elective and gave a CE lecture to firefighters. Vanessa Kreger has been enjoying summer at Dodgers games. Jackie Kurth went to Ireland. Teri Miller has been salsa dancing and has real dancing shoes. Varun Shahi went to Disneyland and traveled the East Coast. Greg Tong has been camping as much as possible.



Class of 2019: Josh Baugh got trapped in Hurricane Harvey. Maria Conradt is busy planning a trip to Cancun for her November vacation. Li Cui did the air ops elective, and went miniature golfing with Alan Chiem. Adam Gruner is working on an ultrasound education project with Alan Chiem to compare the effectiveness of an online education tool compared to self-study. Brittany Guest led a wellness hike





in Temescal Canyon. James Jiang is in full dad mode and planning baby Melanie's first birthday. Kellie Kitamura went camping in Zion. Jacob Lentz somehow managed to gain weight on a diet. Jason Lu spent a day on a swamp boat in New Orleans. Mike Merjanian got a dog and went to



concerts on the pier. **Kyle Ragins** went on vacation to Croatia and went sailing with drunken Australians. **Matt Rosen** owns a dog now. **Hannah Wallace** tooled around Europe during and after her Tox rotation in London. **Cate Yaggi** is taking a much needed vacation off the grid... we will have to wait until next time to hear where she went.



Class of 2018: Sneha Shrestha recently traveled through France eating macaroons, and then traversed Italy eating all the gelato she could get her hands on. Oh and she got engaged to Tony! Jake Wilson, Brian Truong, Adam Evans, and Brandon Endo went on



a bromance backpacking

bonding trip in the Sierras. They even caught fish! Jake broke off from the boys, and then went to Bali for a much needed vacation. Endo continued the spirit of the great outdoors and has been fishing and backpacking in Alaska for the last few weeks. Adam took his new fiancée to Harry Potter World at Universal Studios. **Allison Ferreira** got married to Andy with many from her class in attendance in the lakes region of New Hampshire, and she is now climbing in Spain with her new husband! **Andie Takemoto** walked 13 miles exploring Boston's historic sites, including many churches, and she is also planning a trip to Yellowstone with her dad. **Tabitha Cheng** and her husband spent a week in June snowboarding, mountain biking and fishing in Mammoth (yes there was still tons of snow). **David Kim** took a late night flight to Allison's wedding and drove to Vermont at 3AM, making it to the Hill

Farmstead Brewery to buy a ton of delicious brewskis and make it to the wedding to celebrate with everyone. Maria Tamborski conquered Mount Whitney, the tallest mountain in the lower 48 states with her fiance Michael. Alex Dyer traveled to a remote area of beautiful Montana for a family reunion. David Morales won \$50 playing roulette in Vegas last weekend. Jess Oswald travelled to the Maldives with her fiancé John, finished interviewing for international pain management fellowships, and was a bridesmaid at Steff Brenman's wedding (2017).

# KUDOS to Our Amazing Faculty, Residents and Alumni



It is our pleasure to announce that **Dr. Alan Chiem** was selected as one of the recipients of the 2017 David Geffen School of Medicine at UCLA *Excellence in Education Award.* Please join us in congratulating Alan for this achievement that recognizes his contributions. "It is through the exceptional efforts and enthusiastic devotion of faculty like Dr. Chiem that we help the DGSOM meet our most basic responsibility -- the education of future physicians." This award is the highest honor the School of Medicine bestows, and this is the second year in a row one of the recipients is one of our faculty (Tomer Begaz was acknowledged last year).

The UCLA/Olive View Faculty Teaching Award was created in 2013-2014 by the Department to encourage excellence in clinical teaching by attending faculty. It recognizes exemplary involvement in resident education, both at the bedside and through participation in didactic sessions. The faculty who received the most resident votes for the 2016-2017 UCLA/Olive View Faculty Teaching Award – 2nd half of the year are:

Caleb Canders, MD (2016) and Todd Schneberk, MD

Their names will be added to the plaque in the UCLA Residency Office. Congratulations to these amazing teachers!

**Aws Al Abdullah (2020)** was accepted to participate in the UCLA Health Resident Informaticist Program. The program is competitive with a limited number of positions. Way to go Aws!

At the spring retreat we recognized the residents who were voted best educator by our medical student subls. This year we honored Carter Wystrach (2017), Tabitha Cheng (2018), Adam Evans (2018) and Josh Baugh (2019).

**Atilla Uner (1997)** was appointed as a commissioner to the Los Angeles County Emergency Medical Services Commission where he will represent CalACEP.

**Anthony Catalano (2017)** presented two posters at the March 2017 AAEM Academic Assembly.

# More Kudos



Greg Hendey (1993) travelled to Hangzhou, China to lecture on "Imaging Strategies in Trauma," at the Westlake International Forum on Disaster and Trauma.





Rebecca Bavolek was faculty for a second year in a row for the ACEP Teaching Fellowship held in Dallas,TX. She delivered lectures on several topics including How to Diagnose your Learner: Novice to Expert, How to Give Good Feedback, Teaching in Small Groups, What is a Flipped Classroom, Becoming a Good Bedside Teacher, and How to Give an Effective Presentation.

Michael Merjanian (2019) has been working with Lynne McCullough (1998) as an operations liaison with the UCLA IM department, and additional QI projects.

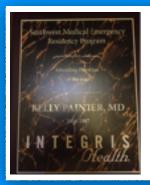
**David Kim (2018)** is on the CORD Social Media Committee.

Matt Rosen (2019) has joined the CORD Application Process Improvement Task Force.

**Tabitha Cheng (2018)** was reappointed to the ACEP Public Health and Injury Prevention Committee. She was also appointed as co-chair of the medical student subcommittee of the EMRA education committee.

**Bill Mower (1990)** will be presenting at the MEMC-GREAT Congress in Lisbon, Portugal, in September. His abstract "Comparison of the NEXUS and Canadian Head CT Decision Instruments" was selected among the top three oral abstracts to be presented during the Opening Ceremony.

### Shout out to our alumni - Way to go!



Kelly Painter (2004) received the attending of the year award, voted on by the residents in the program at Integris Southwest Medical Center Emergency Medicine Residency.

Eric Snyder (2008), former UCLA chief resident and favorite teacher and part time attending at Olive View, was promoted to medical director at EMA site Providence Tarzana Medical Center. Scott Brewster (2000) was promoted to CMO for EMA.

**Dan Katz (2004)** was promoted to Associate Medical Director for the Cedars Sinai Emergency Medicine Center.

# **Even More Kudos**



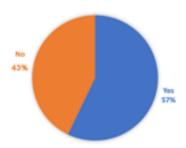
This year, research fellow **Todd Schneberk** provided a new opportunity to work with Ski Patrol at Mt. High in Wrightwood. Initially started by one of Todd's colleagues, residents and interested faculty can go and shadow with Ski Patrol. The physician providers carry radios and respond with ski patrol to calls and injuries on the mountain. The providers get to ski or snowboard around for free, learning how things are handled in an outdoor/wilderness pre-hospital setting. The residents contribute a 5-10 minute prepared teaching session up at the patrol hut on the top of the mountain for the day they are there. Individuals who decide to become more involved can become a member of the National Ski Patrol as a medical associate, giving them access to all the perks of being ski patrol. In addition to Greg Tong (2020) and Todd Schneberk at left, **Seth Sushinsky (2012)** participated this past season and had a great time. Those interested should contact Todd for information on how to participate.



At a UCLA hospital system management forum, **Greg Hendey (1993)** and the UCLA
EM department recognized **Lynne McCullough (1998)** and **Richelle Cooper (1998)** for their national AWAEM awards (Lynne - Medical Director of the Year and Richelle - Hidden Gem).

# Even without any debt, nearly half cannot make ends meet

IF YOU SET ASIDE YOUR STUDENT LOAN DEET PAYMENTS (PRETEND YOU HAVE NO DEBT AT ALL), DOES YOUR SALARY FROM RESIDENCY ALLOW YOU TO PAY YOUR RENT/MORTGAGE, UTILITIES, CAR COSTS, AND GRCCERIES, SUCH THAT YOUR LOAN DEBT IS NOT GROWING?



Jacob Lentz (2019) and Josh Baugh (2019) conducted a survey of all UCLA residency programs, and 543 residents responded to questions about the cost of living, housing costs and their financial situation. They presented their findings at the GME meeting in June to a long round of applause and will be presenting their findings to the UCLA department chairs.

# And the Band Played On...









Gravely Disabled has been making the rounds. They entertained the crowd at the retreat in Palm Springs March 2017, and recently played at the UCLA All-Faculty Picnic. The band includes faculty Greg Hendey (1993), Greg Moran (1992), Luis Lovato (2001), Pam Dyne (1995), Nicole Wojtal, Jon Crisp (2008), Jo Feldman, and many guest residents performers including Eric Schallert (2017), Anthony Catalano (2017), and more. Anyone interested in joining the band should contact Greg Hendey.

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294-296.

Grock A, ... Blog and Podcast Watch: Cutaneous Emergencies. West J Emerg Med. 2017 Feb;18(2): 288-292. Grock A, Paolo W. Free Open Access Medical Education: a Critical Appraisal of Techniques for Quality Assessment and Content Discovery. Clin Exp Emerg Med. 2016 Sep 30;3(3):183-185. Grock A, .... Herbert M. Neck Spasms in Children. Ann Emerg Med. 2016 Jul:68(1):126-8. Gupta M, Gertz M, Schriger DL. Injury Severity Score Inflation Resulting from Pan-Computed Tomography in Patients With Blunt Trauma. Ann Emerg Med. 2016 Jan;67(1):71-75.e3. Mower WR, Gupta M, Rodriguez R, Hendey GW. Validation of the Sensitivity of the National Emergency X-Radiography Utilization Study (NEXUS) Head Computed Tomographic (CT) Decision Instrument for Selective Imaging of Blunt Head Injury Patients: An Observational Study. PLoS Med. 2017 Jul 11;14(7):e1002313. doi: 10.1371/journal.pmed.1002313. Murphy CE 4th, ... Hendey GW, Mower WR, Rodriguez RM. Rib Fracture Diagnosis in the Panscan Era. Ann Emerg Med. 2017 May 27. pii: S0196-0644(17)30431-6. doi: 10.1016/j.annemergmed.2017.04.011. Riddell J,... Hendey GW, Armenian P. Ketamine as a First-Line Treatment for Severely Agitated Emergency Department Patients. Am J Emerg Med. 2017 Jul;35(7):1000-1004. Raja AS,... Mower WR, ... Hendey GW, ... Rodriguez RM. Prevalence and Diagnostic Performance of Isolated and Combined NEXUS Chest CT Decision Criteria. Acad Emerg Med. 2016 Aug;23(8):863-9. Kanzaria HK, Hoffman JR. Five High-Cost Patient Groups. J Gen Intern Med. 2017 Jun 29. doi: 10.1007/ s11606-017-4106-y. Hoffman JR, Carpenter CR. Guarding Against Overtesting, Overdiagnosis, and Overtreatment of Older Adults: Thinking Beyond Imaging and Injuries to Weigh Harms and Benefits. J Am Geriatr Soc. 2017 May; 65(5):903-905. Jan;24(1):22-30.

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